



Mindstyle™

Develop.People.Faster

Celebrating Diversity

Motivational Keynotes

Project Management
Education

Personal & Business
Development

Professional Speaking
Development

MindManager meeting
facilitation

Mindstyle Accelerated
Education & Development

Success Mindstyle

YOU ARE THE AUTHOR OF YOUR OWN LIFE STORY!

Duration – 3x8hr sessions, 8x3hr sessions and 8 month certificate program

“You are today where your thoughts have brought you;

You will be tomorrow where your thoughts take you.” – James Allen

People have as individuals a way of thinking, and a way of experiencing the world, the two are fundamentally linked. The way we recognise and deliberately influence the direction of our lives, positively, we call MindStyle™.

MindStyle™ is a practical approach to living and working through deliberately managing our thoughts and actions with a positive outcome in mind.

Using tools and strategies combining ancient teachings with the latest human potential innovations.

MindStyle™ coaching takes you, beyond perceived physical and mental boundaries.

Our absolute commitment is to your excellence. MindStyle™ determines HOW we can become, not WHAT we ought to be.

*YOU ARE THE AUTHOR OF YOUR OWN LIFE STORY!
CHOOSE TO WRITE YOURSELF IN AS A HERO!
CHOOSE TO WRITE YOURSELF A GREAT TIME!
CHOOSE TO WRITE YOURSELF A VERY HAPPY ENDING!*

Course Overview and Content

“Young people today have no ambition!” This appears to be true as more and more young people arrive into the adult “hood” lacking positive direction and goals. Success MindStyle is an amazing self appreciation, motivation and goal setting experience designed to banish those words. Using the same leading edge accelerated learning and cognitive behavioural technologies as the world’s most successful organisation’s and corporation’s leadership training. The program is designed to install key competences as an internalised, natural way of behaving. Expanding delegates “emotional IQ”, confidence and self leadership. Creating the future you want is an active, exciting, accessible process. Delegates can create a video record of their progress through the course and video feedback is a fundamental tool in the self-awareness and communication/presentation sections of the course. Sessions include individual, group and programme level tasks and exercises. The course content includes:

Session 1 Dreams and Desires

How much success can you stand?

Session 2: Opportunity Engines

Intelligences! Lucky you!

Session 3: Future perfect presentation

7 Presentation Keys! Well Formed Words!

Session 4: Where am I Now

Strengths & Limitations!

Session 5: Where do I need to be

As you think! The power of Goals (1)!

Session 6: Be/Have Your Patterns of Success

The power of Goals (2)! In-Habits!

Session 7: Passion Play!

Being Unreasonable!

Session 8: Visions, Goals and Reality

Graduation to Success

[Contact us](#) for dates or information on our other products, like the half-day MindStyle™ Specific Initiative Development and Support service or courses tailored to your particular requirements:

info@mindstyle.co.uk

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Success Mindstyle for Schools

The **Success Mindstyle** programme adapted for schools is



designed to motivate and inspire students who have recognised "A grade" ability, whether that is academic, art, music or sporting excellence and who are at risk of failing to perform to the level

they are capable of. The programme is very effective with marked improvement in academic, interpersonal and community performance.

Schools are caught in a trap with regard to this and many other programmes; they clearly see the value and would like to implement them, however with a scarcity of funds they also needed a track record to justify any spending.

Mindstyle has successfully delivered the full 8 week programmes to Schools in the West Midlands funded by the Education Business Partnership.

Success Mindstyle has also been delivered to Gedling School



in Nottingham made possible by the fundraising efforts of the head combined with donations from local corporate organisations based in Nottingham. Demonstrating the clear recognition of the benefits gained from supporting this kind of initiative within the community. Press, school, political and delegate feedback from these programmes is consistently positive. Now is always a good time to contact us and find out how together we can bring "**Success Mindstyle**" to your school.

No 1

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